



COMMUNITY
FOOD CENTRE



Working with communities in BC's
Interior, Lower Mainland, Central
& Northern Vancouver Island

SENIOR'S COMMUNITY CONNECTOR for KAMLOOPS, BC Social Prescribing Program Referral

Please review the *Referral Guide* on back of form for program description and referral criteria. For more information call us at 236-421-1011, email connector@interiorcommunityservices.bc.ca or fax 250-376-3040

<u>Referrer Information</u>	<u>Participant Information</u>
Name:	Name:
Title:	Address:
Date:	Phone:
Phone:	(is ok to leave a message at this number: Y/N)
	DOB/Age:

Referral Information:

- | | |
|---|--|
| ☐ Health Care Provider | ☐ Family/Friend |
| ☐ Community Based Service Agency | ☐ Other |

Non-clinical areas of support:

- ☐ Physical Activity (connections to various fitness activities)
- ☐ Nutrition/Food Programs (connections to food bank, community meals, prepared meals)
- ☐ Social Engagement (connections to community activities/groups, friendly visits/calls)
- ☐ Caregiver Programs (connections to support groups, education sessions, grief resources)
- ☐ Housing Support (help with accessing housing information/subsidies)
- ☐ Other _____

Please indicate if a follow-up report is required: Y/N

Preferred frequency of Follow-up:

Send to: _____

☐ 6 Weeks ☐ 12 Weeks

☐ via phone at: _____

☐ 8 weeks

☐ via email at: _____

PARTICIPANT CONSENT:

The Participant consents to this referral and is willing to be contacted by a Community Connector.

☐ Verbal consent received

Date: _____

Seniors' Community Connector Social Prescribing Program

Program Description:

Guided by the Social Determinants of Health, the Social Prescribing program supports older adults in accessing non-clinical, community-based supports and services. The goal is to promote healthy ageing through the Community Connector, who will take the time and work with the participant to foster resilience and social support using a comprehensive strength-based approach. Referrals can come from Health Care Professionals, Community Based Services, family or individuals can self refer. The Social Prescribing Program is funded by The Ministry of Health through The United Way BC.

Referral Criteria:

Older adults age 65+ living in Kamloops who are experiencing:

- Social isolation or loneliness
- Depression/anxiety (diagnosed)
- Major life events such as loss of a spouse
- Chronic diseases
- Physical inactivity
- Housing insecurity
- Poor nutrition and/or concerns with food insecurity
- Frequent use of primary health care
- Would like to make some changes with current life situation and don't know where to start
- Limited family and social supports



Senior with
complex needs



A referral is made by a
healthcare professional
to the Community
Connector



The Community
Connector meets
with the senior



The senior is connected to
appropriate community-
based services, programs
and supports

Kamloops Senior's Community Connector

Mount Paul Community Food Centre

140 Laburnum

Kamloops, BC V2B 1G