

# Lightwell Adult Living Program

## Impact Statement 2024

### Success Stories

**Advocacy** - For over a year the Lightwell team advocated for an individual suffering from extreme mental health, safety and self-neglect concerns. This individual did not accept support in any way from the program, family or other professionals in the community. Program Coordinator completed a form 9 with the Kamloops courts and was able to be seen in front of a judge within hours, which resulted in a hospital admission and mental health certification. At this time this individual is now accepting all supports, happy, smiling, laughing, joking and engaging in activities offered. Her increased quality of life is a huge success.

**Food Security and Life Skill Programming** - At the beginning of 2024 residents at Lightwell had increased their food security with staff support and programming of budgeting, grocery lists, support from the Mt. Paul Food Center and community gardening. Lightwell continued to provide two meals a week, access the Mt. Paul Food Center twice a week and supported residents with grocery lists, shopping and meal planning and prep.

### Demographics

Male:	
19 - 29 Years	2
30 - 50 Years	2
50+ Years	1
Female:	
19 - 29 Years	2
30 - 50 Years	5



### Total Goals By Type

Community Inclusion and Employment	6%
Education and Emotional Well-Being	3%
Personal Development and Life Skills	47%
Health and Physical Well-Being	35%

### Goal Progress

Some progress	42%
Significant Progress	23%
Goal Achieved	19%
No Progress	15%