

Family Navigation by the Numbers

95* clients servedpermonth including4* Indigenous clients (up 25% from 76 in 2023)
77* direct client service hours per month (up 208% from 37 in 2023)
25* hours of programming offered per month
* monthly averages

Programs Offered

- 64 Baby Steps sessions
- 49 Baby Time sessions
- 12 Post Partum Connections sessions
- 11 Prenatal Yoga sessions
- 6 Postpartum Mother Goose sessions
- 6 Storytime & Stretch sessions
- 5 Postpartum Support Group sessions
- 4 Ground & Glow Women’s Wellness Workshops

Community Partners

CCRR/EYCenter
School District #73
MCFD/CYSN
City of Kamloops
Interior Health
Mount Paul Community Food Center
Kamloops Immigrant Services
Kamloops Aboriginal Friendship Center
Lii Michif Otipemisiwak
Secwépemc Child & Family Services
Children’s Therapy & Family Resource Ctr
Kamloops Infant Development Society
Family Justice Center
Hopewell Clinic and Pregnancy Centre
The Tree
YMCA Women’s Emergency Shelter

And many more ...

Current Trends

- Increase in:
- Newcomer families & international students
 - Victims of abuse
 - Parents with mental health issues
 - Children with Autism Spectrum Disorder
 - Families with unstable housing
 - Challenges finding paid child care

52 funded Toolbox requests, delivering 72 items to families in need

Transportation	7%
Special Needs	3%
Baby/Toddler Equipment	61%
Safety	9%
Health	20%