

# Merritt MOSAIC Day Program Impact Statement 2025



## Merritt MOSAIC Day Program Focus

The MOSAIC Day Program is built around five core principles:

- Meaningful participation in community-based activities.
- Options that support individual choice and autonomy.
- Strengths and Abilities that focus on what participants can do.
- Inclusion to ensure everyone is part of the community.
- Community connections and engagement through activities and events.

The name "MOSAIC" reflects the idea of bringing together diverse pieces (individuals) to create a strong, supportive, and vibrant whole.

## Merritt MOSAIC Day Program Highlights 2024

- **Community-Based Activities:** A variety of community-focused activities delivered in the Day Program setting that allow participants to get out and engage with their surroundings.
- **Personal Development and Life Skills:** The program focuses on setting individual goals, tracking progress, and celebrating each participant's achievements. This approach enhances independence and self-confidence.
- **Community Connections with ICS Kamloops:** Regular trips to the cinema, participation in the Christmas party, Valentine's party, and spring dance, strengthening social bonds and integration into the larger community.
- **Monthly Community Clean-Ups:** Active involvement in keeping Merritt clean, fostering a sense of responsibility and community engagement.
- **Culturally Diverse Events:** Participants attend local events such as the Merritt City Christmas concert, Indigenous Day celebrations, and Powwows, which enrich their understanding of diverse cultures.
- **Weekly Physical Activities:** Swimming, gym, bowling, and library visits are enjoyed by everyone, promoting physical health and community involvement.

## Age Ranges and Number of Individuals Supported

Age Group: 20-70 years of age

Staff Support:

- 2 Full-Time Staff
- 3 Part-Time Staff

Participants Supported: 15 participants were supported by MOSAIC Day Program staff throughout 2025.

## Client/Caregiver Comment

- "The staff help me when I need it, but they also let me do things by myself, and that makes me feel good."
- "I love the parties we go to! I get to dance and have fun with everyone."
- "I learned how to make food on Food Fridays. I can help in the kitchen now, and it makes me proud."