

In-Office Counselling Impact Statement 2025



Program Overview

In 2025 INOC had over 327 calls for service, we served and supported 241 eligible folks into our program while responding with care, community resources and advocacy for those unable to access support at this time.

Referrals

72 % of referrals came from MCFD
27% of referrals are self-referrals

Average wait time: 32 days

Trends and influencing factors we are seeing in our In Office Counselling work:

- We see an increase of grand parents being the primary parent of their grand children.
- We are seeing an increase of violence from fathers inside family systems.
- We are seeing that the costs of living are adding stress and pressure to the families we serve and support.
- We are seeing an increase in young people ages 14-19 accessing our counselling supports.

