

Early Years Family Navigation Impact Statement 2025



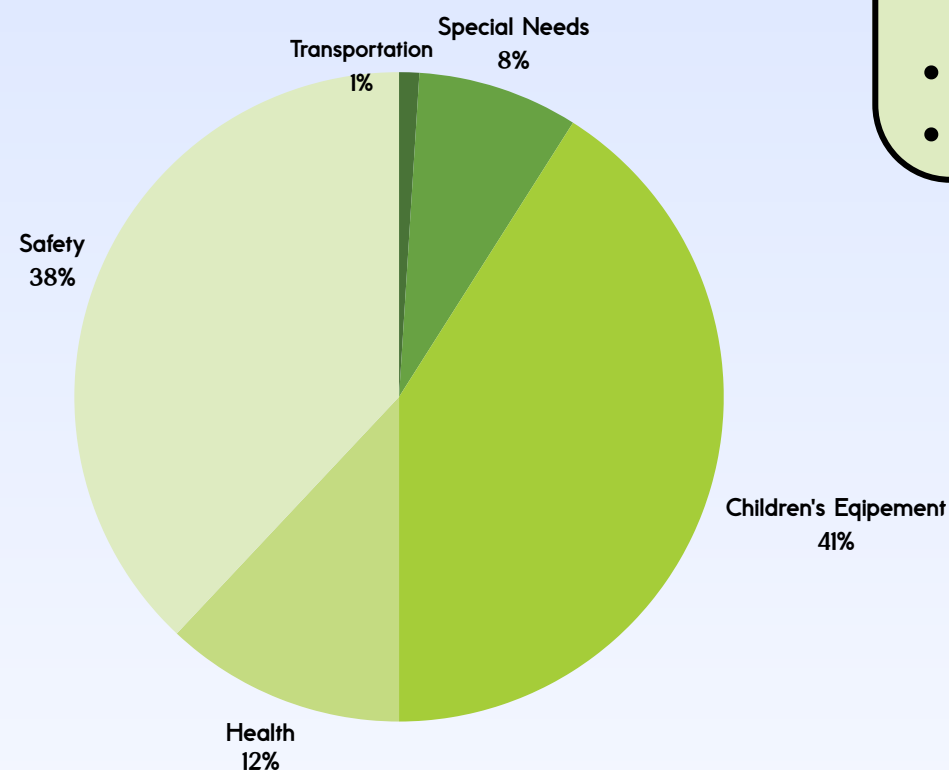
Support for pre/post natal and families with children under the age of 6 in Kamloops and Chase

Family Navigation By the Numbers

- 95* clients served per month
- 4* Indigenous clients served per month
- 24 new clients served per month
- 55 direct service hours to individuals
- 24 direct service hours to groups

* monthly averages

66 funded Toolbox requests,
Supporting families in need



Current Trends

Increase in:

- Women living in isolation/lack of social supports
- Victims of abuse
- Parents with mental health issues
- Accessing ASD diagnosis (wait times/affordability)
- Families with unstable housing
- Prenatal supports/referrals

Programs Offered

- 42 Baby Steps sessions
- 49 Baby Time sessions
- 12 Post Partum Connections sessions
- 3 Baby Care Basics
- 3 Ask a Navigator, Chase Area Family Services
- 6 Songs and Soup classes/meals

Community Partners

- YMCA Early Learning Centre
- School District #73
- MCFD/CYSN
- City of Kamloops
- Interior Health (PHN's)
- Royal Inland Hospital Social Work
- Mount Paul Community Food Centre
- Kamloops Immigrant Services
- Kamloops Aboriginal Friendship Centre
- Lii Michif Otipemisiwak
- Secwépemc Child & Family Services
- Children's Therapy & Family Resource Centre
- The Tree
- YMCA Women's Emergency Shelter
- BGC Kamloops
- Chase and Area Family Services

Positive Outcomes in Navigation

In 2025 the Family Navigator supported a number of women adjusting to parenthood and experiencing mild post partum depression/anxiety. Connections were made through the groups that were visited by the Navigator, ie. Baby Steps and Baby Time. Referrals and one on one visits helped new moms feel validated and connected to community supports and professionals.

2025 saw a new partnership with BGC Kamloops and Early Years Family Navigation. Support staff were able to utilize space at BGC to offer "Songs and Soup". A weekly singing session to encourage language and connection with children and then visiting the Food Centre for a delicious lunch. Participants were able to access free soups and smoothies, the affordable produce market and enjoy a meal with one another.