

# Impact Statement

2023

## Community Inclusion and Skills Development



INTERIOR  
COMMUNITY  
SERVICES

ENRICHING LIVES, STRENGTHENING COMMUNITIES



### Support Clients and Staff

- Community inclusion 38 clients
  - 10 Staff
- Skills Development 15 Clients
  - 2 Staff

**Both Community Inclusion and Skills Development Focus on Goal Oriented Activities and Skills**

### Regular Events

- Group Luncheons at Mount Paul Community Food Center
- Meals on Wheels Deliveries
- Culturally Diverse activities and events
- Bowling
- Cooking classes at Mount Paul Community Food Center
- Annual lights tour

### Client Comments

**“Skills Development Supports individuals to build and gain life skills”**

**“Community Inclusion Connects Individuals to their community and resources”**

### Program Offerings:

- Supporting Independence
- Creating Meaningful relationships
- Community Involvement
- Volunteering Opportunities
- Physical Fitness and mental Well Being (Hiking, Swimming, Mini Golf, outings to parks around Kamloops)
- Life Skills (Budgeting, Meal Planning, Medical Appointments, Shopping)
- Resume Building and Employment
- Assistance with Moving and Relocating
- Partnered events with other agencies